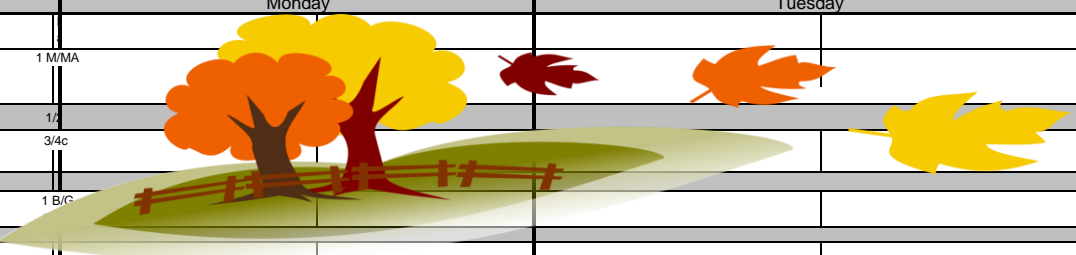



K-8 Lunch Menu September 2021

C:\Users\jbossenmeyer\Desktop\September Menu 2021.xlsx\September

Monday		Tuesday		Wednesday		Thursday		Friday													
				1 Main Menu		Sandwich Line		2 Main Menu		Sandwich Line		3 Both Lines									
				*Vegetarian Option		*Vegetarian Option		*Vegetarian Option													
				Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit											
				Steamed Broccoli Carrots, raw Rice		Salsa Corn		Green Beans		Mashed Potatoes											
				7 Main Menu		Sandwich Line		8 Main Menu		Sandwich Line		9 Main Menu		Sandwich Line		10 Both Lines					
				*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option											
				Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit											
				Breadstick		Tortilla		French Bread		Roll											
				13 Main Menu		Sandwich Line		14 Main Menu		Sandwich Line		15 Main Menu		Sandwich Line		16 Main Menu		Sandwich Line		17 Both Lines	
				General Tso's Chicken OR Mandarin Orange Chicken *Vegetarian Option		Chicken Patty		Fajita		Hamburger OR Cheeseburger *Vegetarian Option		Breezy Mac		BBQ Chicken on Bun		Baked Chicken		Chicken Tender Basket		Turkey Deli Sandwich	
				Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit			
				Breadstick		Bun, Purchased		Tortilla		Bun, Purchased		French Bread		Bun, Purchased		Roll		Roll			
				20 Main Menu		Sandwich Line		21 Main Menu		Sandwich Line		22 Main Menu		Sandwich Line		23 Main Menu		Sandwich Line		24 Both Lines	
				Chicken Tender		Chicken Patty		Tacos, Beef		Nachos Supreme		Jambalaya		Grilled Cheese Turkey Deli Sandwich		Fish Strip		Chicken Tender Basket		Pizza Meatball Sub	
				*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option			
				Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit			
Carrots, raw Green Peas		Greenleaf lettuce Tomatoes, sliced Regular Fries		GreenLeaf Lettuce Salsa		GreenLeaf Lettuce Salsa		Broccoli Florets Carrot, raw w/ ranch		Regular Fries		Potato Salad Coleslaw		Regular Fries Coleslaw		Broccoli Florets Marinara Sauce Sub-Fries					
Roll		Bun, Purchased		Taco-Cinnamon Breadsticks Tortilla / corn shell		Nacho Chips		Breadstick		Bread, Sliced, Purchased		Roll		Roll							
Mac & Cheese		Milk Choice: White, Strawberry, Chocolate		Sour Cream and Jalapenos		Sour Cream and Jalapenos		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate							
				27 Main Menu		Sandwich Line		28 Main Menu		Sandwich Line		29 Main Menu		Sandwich Line		30 Main Menu		Sandwich Line		1 Both Lines	
				Chicken Tender		Chicken Patty		Burrito		Hamburger OR Cheeseburger *Vegetarian Option		Meat Sauce		BBQ Chicken on Bun		Chili Cheese Fries		Turkey Deli Sandwich		St Tammany Parish Fair	
				*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option		*Vegetarian Option			
				Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit (1/2c)		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit		Canned/Fresh/Dried/Frozen Fruit			
Salad		Greenleaf lettuce Regular Fries		Green Leaf Lettuce Salsa Corn		Green Leaf Lettuce Tomatoes, sliced Regular Fries		Green Beans		Greenleaf lettuce Coleslaw		Carrot, baby w/ranch Fries		Carrot, baby w/ranch Fries							
Mashed Potatoes w/ cheese		Bun, Purchased		Cinnamon Breadsticks Tortilla		Bun, Purchased		French Bread Spaghetti		Bun, Purchased		Roll		Bun, Purchased							
Roll		Milk Choice: White, Strawberry, Chocolate		Sour Cream and Jalapenos		Pickles		Parmesan cheese		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate		Milk Choice: White, Strawberry, Chocolate							

This institution is an equal opportunity provider. Menus are subject to change.

*Vegeterian options: Yogurt&Cheese Stick, Sunbutter&Jelly Sandwich, Veggie Burger, Smoothie & Cheese Stick, Parfait

***Vegeterian Options**
Yogurt & Cheese Stick



Smoothie & Cheese Stick
Sunbutter & Jelly Sandwich
Veggie Burger
Parfait