

2021-2022 National Junior Honor Society Members

SERVICE HOUR SUGGESTIONS:

Newly inducted 8th graders should complete 5 service hours by May 28th of 2022, and newly inducted 7th graders should have at least 10 service hours by August 5th of 2022.

- Mow the lawn for someone in your community or church.
- Plant a garden for someone in your community or church.
- Help out a teacher at your church or where you attend school.
- Take part in a neighborhood or community clean-up.
- Bringing food to a family in need, volunteering at a food bank (if allowed due to Covid-19).
- Call your local animal shelter to inquire about volunteering (services may be limited due to Covid-19)
- Volunteering to be a buddy for a person with disabilities to help them play sports: <https://www.miracleleaguenorthshore.org/all-sports.html>

SERVICES TO DO DURING COVID-19:

- Design and create cards of inspiration to senior citizens and deliver them to senior citizen centers.
- Design and create cards of appreciation to people working at your local grocery stores.
- Design and create cards of appreciation for police officers, firefighters, first responders, etc. and deliver them to the designated stations and workplaces.
- Design and create cards for doctors, nurses, and other healthcare workers to your local hospitals, health clinics, animal hospitals.

***The following are not considered service hours:

- Anything you get paid to do such as babysitting or yard work
- Babysitting your siblings while your parents are out.
- Household chores
- Helping out at your family business
- Babysitting for other family members to help out aunts, uncles, etc.

SERVICE HOURS ARE WHAT YOU DO TO HELP YOUR COMMUNITY (FOR NO MONETARY COMPENSATION).